



#GivingTuesdayNow on 5/5/20 is a global day of generosity and unity, a day to come together and give back in response to the unprecedented need caused by COVID-19, no matter who or where we are.

FamilieSCN2A Foundation and Seize Your Joy challenge you to find your JOY in the chaos and share it with the world!

#QuarantineJoy

How does this work?

Copy & paste the sample post below with pictures and/or videos sharing how you are finding JOY in the chaos. Challenge your friends & family to do the same or to donate to a favorite charity.

"I was nominated by _____ to share how I am finding JOY in the chaos. I nominate _____, _____, and _____. You have 24 hours to share YOUR joy or donate \$20 to a charity of your choice. Be sure to include #QuarantineJoy."

Spread joy TODAY!

DONATION MATCHING OPPORTUNITY

Between now and May 26, we are participating in the [#Nonprofit Matching-Fund Initiative](#), a collaborative effort of Nonprofit Hub, Do More Good and Firespring to unite and heal communities. FamilieSCN2A Foundation will receive a proportional share of the national and state level matching funds. The more we raise, the more matching funds we receive.

Donate Now



#QuarantineJoy

(we do not own the rights to the music)

Enjoy our first #QuarantineJoy video full of SCN2A families sharing JOY amid the chaos. The COVID-19 Pandemic has brought with it much fear and grief. Families with kids who have special needs and medical complexities are all too familiar with these feelings; the one difference is, we know how to find JOY in a world of sadness. And we know how vital it is to share that JOY.

The #QuarantineJoy Challenge is a collaboration between the FamilieSCN2A Foundation and Seize Your Joy, two nonprofits coming together to help you find JOY in chaos. Learn more about the FamilieSCN2A Foundation at


www.scn2a.org and Seize Your Joy at www.seizeyourjoy.org.

Let's show the world how to find joy in the chaos!



#GivingTuesdayNow #QuarantineJoy #SCN2A

**FIND JOY IN THE
CHAOS.
GIVE TODAY.**

GIVINGTUESDAY | NOW  **FAMILIESCN2A**
SCN2A RELATED AUTISM & EPILEPSY
FOUNDATION
WWW.SCN2A.ORG

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